MEALS on WHEELS
SOUTHWEST OH & NORTHERN KY

Ohio Lunch Menu

513-244-5485

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CHICKEN STRIPS W/ DIPPING SAUCE *OR* SLICED HAM BABY BAKERS ITALIAN VEGETABLES SLICED BREAD MIXED FRUIT FIG BAR	**3** MEATLOAF & BROWN GRAVY *OR* TURKEY & GRAVY MASHED POTATOES CARROTS SLICED BREAD PEARS CHOC PUDDING	**4** GRILLED CHICKEN *OR* SALISBURY STEAK & GRAVY AU GRATIN POTATOES PEAS SLICED BREAD CINNAMON APPLE SAUCE RITZ BITZ	**5** GRILLED SAUSAGE *OR* BEEF PATTY BAKED BEANS MIXED VEGETABLES HOT DOG-BURGER BUN TROPICAL FRUIT JUICE OATMEAL CREAM PIE	**6** TURKEY HAM & BEANS *OR* CHICKEN WING DINGS W/ BBQ SAUCE SPINACH SWEET POTATO CUBES SLICED BREAD APPLE LORNA DOONE
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
9 CINCINNATI CHILI 3-WAY/ SPAGHETTI *OR* LASAGNA ROLL-UP W/MARINARA CORN & BLACK BEANS CINNAMON APPLES ORANGE JUICE OYSTER CRACKERS	**10** CHICKEN TERIYAKI *OR* BEEF TERIYAKI BROCCOLI & CAULIFLOWER BROWN RICE PINEAPPLE FRUIT JUICE L/S CHOCOLATE COOKIE	**11** CHEESEBURGER *OR* GRILLED VEGGIE CHEESEBURGER CARROTS RED POTATOES BUN FRESH FRUIT OATMEAL CREAM PIE	**12** PORK BBQ *OR* CHEESE MEATLOAF BABY BAKERS MIXED VEGETABLES BUN GRAPE JUICE RITZ BITZ	**13** CHICKEN SALAD SANDWICH *OR* TURKEY SANDWICH POTATO SALAD THREE BEAN SALAD SLICED BREAD PEACHES GRANOLA BAR
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
16 CHEESE OMELET *OR* SOUTHWESTERN OMELET BREAKFAST POTATOES MIXED BERRIES PANCAKES W/SYRUP ORANGE JUICE GRANOLA BAR	**17** CHICKEN WING DINGS W/BBQ SAUCE *OR* TURKEY HAM AND BEANS AUGRATIN POTATOES MIXED VEGETABLES SLICED BREAD PEACHES BROWNIE	**18** HERBED CHICKEN PATTY *OR* SLOPPY JOE MACARONI & CHEESE COLLARD GREENS SLICED BREAD FRESH FRUIT APPLE JUICE	**19** ***BIRTHDAY PARTY &*** ***Thanksgiving Celebration*** SLICED TURKEY AND GRAVY TRADITIONAL DRESSING GREEN BEANS APPLE DINNER ROLL CRANBERRY SAUCE PUMPKIN PIE W/WHIPPED CREAM	**20** CHICKEN ALFREDO PENNE *OR* LASAGNA ROLLUPS W/ MEAT SAUCE ITALIAN VEGETABLES SIDE SALAD SLICED BREAD PEARS L/S PEANUT BUTTER COOKIE
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
23 BBQ CHICKEN *OR* GRILLED SAUSAGE RED SKIN POTATOES MIXED VEGGIES ROLL TROPICAL FRUIT JUICE BANANA PUDDING	**24** SLOPPY JOE *OR* PORK BBQ BABY BAKERS COLE SLAW BUN PEARS COOKIE	**25** CINCINNATI CHILI 3-WAY *OR* MEATBALL MARINARA CORN & BLACK BEANS SPAGHETTI APPLE SAUCE ORANGE JUICE OYSTER CRACKERS	**26** CLOSED 	**27** CLOSED
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
30 TURKEY HAM & BEANS *OR* CHICKEN WING DINGS W/ BBQ SAUCE SPINACH SWEET POTATO CUBES SLICED BREAD APPLE LORNA DOONE				

Menu is subject to change based on availability. Thank you for understanding.